



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Reidsville Y Pool Schedule Fall 2016

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 – 9:00 AM	Pool Opens 5:00 Open Swim 6:30-8 Aquatic Class 8-9	Pool Opens 6:00 Open Swim 6:30-11	Pool Opens 5:00 Open Swim 6:30-8 Aquatic Class 8-9am	Pool Opens 6:00 Open Swim 6:30-6	Pool Opens 5:00 Open Swim 6:30-8 Aquatic Class 8-9	Pool opens 8:00 Open Swim 8-close	
9:00 – 11:00 AM	Aquatic Class 9-10am	Open Swim	Aquatic Class 9-10am	Open Swim	Aquatic Class 9-10	Open Swim	
11:00 AM – 3:00 PM	Aquatic Class 11-12 Open swim 12-close	Aquatic Class 11-12 Open Swim 12-close	Aquatic Class 11-12 Open swim 12-close	Open Swim	Aquatic Class 11-12 Open swim 12-close	Open Swim	Pool Opens 1:00 Open Swim 1-close
3:00 – 5:30pm	Open Swim Swim Lessons 5-7:30pm Will use one lap lane	Open Swim Swim Lessons 5-7:30pm Will use one lap lane	Open Swim Swim Lessons 5-7:30pm Will use one lap lane	Open Swim	Open Swim	Open Swim	Open Swim
5:30 – 7:30 PM	Swim Lessons 5-7:30 Will use one lap lane	Swim Lessons 5-7:30 Will use one lap lane	Swim Lessons 5-7:30 Will use one lap lane	Aquatic Class 6-7 Open Swim 7-close	Open Swim	Pool Closes 4:30	Pool Closes 4:30pm
7:30 – 8:30 PM	GCY Swim Team 6-8pm Will use one lap lane Open Swim Pool Closes 8:30pm	Open Swim Pool Closes 8:30pm	GCY Swim Team 6-8pm Will use one lap lane Open Swim Pool Closes 8:30pm	GCY Swim Team 6-8pm Will use one lap lane Open Swim Pool Closes 8:30pm	Pool Closes 7:30pm		

Lap Lanes – Please limit lap lane use to 1 hour when others are waiting and circle swim. Starting Aug. 29 GCY will use 1 lane from 5-8pm. Lap lanes may be used by groups.

Open Swim – Is open to anyone who may wish to use the pool. If a child is 12 and under, an adult must be with them at all times in the pool area. Children 5 and under must be accompanied by an adult (18+) at all times in the water within arms reach (unless they take the swim test, this has to be done with the aquatics director.) Children 12 and under will have to take a swim test in order to swim in certain sections.

Group Swim Lessons – YMCA staff conduct. Please be respectful of our pool space. Makeup SL may be held on Thursday and Fridays if needed. YMCA swim Lessons run Mon-Wed 5-8pm. During the spring time we conduct swim lessons for preschool groups.

Aquatic Classes – Are for anyone interested in working out in the pool with an instructor. Please be aware of where the class meets, ask a lifeguard if you need to know the exact location. See front desk for registration and fees.

Safety Breaks – Please be advised the pool may close for safety for 10 minutes at: 7am, 9am, 11am, 1pm, 3pm, 5pm, 7pm.

Open Swim Times: MWF 6:30am-8am, 12pm-Close. T 6:30am-11am, 12pm-close. TH 6:30am-6pm, 7-close Sat/Sun All day

* **Private Swim Lessons, Lifeguard Classes and Pool Parties may also be using the pool at any time.**

GCY Swim Team: is a year round swim league that is for members and non members

****NO POOL PASSES WILL BE SOLD DURING MORNING OR EVENING AQUATIC CLASS TIME. IF MAX. IS REACHED IN POOL, ALL POOL PASS SALES WILL STOP UNTIL WE ARE BACK UNDER RATIO****

Open Swim Fees

Child Reidsville Resident \$ 4.00
Adult Reidsville Resident \$ 5.00

Child Non-Reidsville Resident \$ 5.00
Adult Non-Reidsville Resident \$ 6.00

Frequent Swimmer Pass (10 visits)

Reidsville Residents
Child \$ 20.00
Adult \$ 30.00

Non- Reidsville Residents:
Child \$ 30.00
Adult \$ 40.00



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YMCA POOL RULES

- Shower before entering the pool.
- No inflatables of any kind are allowed in the pool. (water wings, rafts, inner tubes, etc.)
- Children under the age of 5 must be accompanied by parent or guardian* within arms reach (in the water) at all times. (This includes if your child would like to swim before or after swim lessons.)
- Children 12 and under must have a parent or guardian* on the pool deck.
- The parent or guardian* must stay in the YMCA building.
- Children 12 and under must pass a swim test with the lifeguard before swimming in the deep end of the pool.
- No Horseplay of any kind.
- No Running.
- Diving is only allowed in 9 feet.
- Diving Blocks are for Swim Team and Swim Lesson use only.
- Proper Swim Attire must be worn (swimsuit or swim trunks). No T-Shirts, gym shorts, cut-offs etc.
- No glassware of any kind or food/beverage will be allowed in the pool area.
- No public displays of affection.
- No Diapers in the Pool. Children who are not yet potty-trained should use an elastic swim diaper whenever in the pool.
- The Lifeguard(s) on duty has total discretion as to whether toys, balls, and other items will be allowed in the open swim area.
- For safety reasons, please refrain from talking to Lifeguard(s) except for clarification of rules or for other safety reasons. Please make all lengthy inquiries to the Aquatics Director.
- Admission to the pool will be refused to all persons with open wounds, contagious diseases, or infectious conditions.
- Lifeguard(s) on duty have total discretion in determining which actions are deemed safe and unsafe in the pool.
- No foul language.
- No extended breath holding.
- No gum.
- Kickboards, Fins, Mask and Snorkels may only be used in the lap lanes, by lap swimmers.
- No hanging or pulling on lane ropes or safety lines.
- No climbing on the pool devices or tampering with jets.
- Lifeguard(s) on duty have total discretion in determining which actions are deemed safe and unsafe in the pool.
- The lifeguard(s) has the right to ask members and guests to leave the pool, for repeated violations.

*Guardian is defined as a responsible party aged 18 or older. Babysitters or siblings under the age of 18 are not considered acceptable guardians.