





Sun	Mon	Tue	Thu	Fri	Sat	
<b>Senior Games Pickleball 10/16-10/18</b> 	<b>1</b> 8:30 Painting 9:00 Cardio/Weights 10:015 Pickleball 10:15 Carolina Girls 1:00 Bowling	<b>2</b> 9:00 Crochet 10:00 Tai Chi 10:00 Tech 101 Class 10:00 Phase 10 1:00 Canasta Hand, Foot & Knee <b>9-3 Assistance Program</b>	<b>3</b> 8:30 Painting 9:00 Cardio/Weights 10:00 Bible Study 10:15 Beginner Tai Chi 11:00 Pickleball 1:00 Rook	<b>4</b> <b>10:00 CLUB</b> 1:00 Carolina Girls 1:00 Bridge 2:30 Gym Activities	<b>5</b> <b>9:30 MOVIE</b> <b>"I can only imagine"</b> 9:00 Cardio/Weights 10:15 Pickleball 1:00 Jewelry Making	<b>6</b>  CENTER CLOSED
<b>7</b>  CENTER CLOSED	<b>8 BP Check 10:30</b> 8:30 Painting 9:00 Cardio/Weights 10:015 Pickleball 10:15 Carolina Girls 1:00 Bowling	<b>9</b> 9:00 Crochet 10:00 Tai Chi 10:00 Phase 10 1:00 Canasta Hand, Foot & Knee <b>9-3 Assistance Program</b>	<b>10</b> 8:30 Painting 9:00 Cardio/Weights 10:00 Bible Study 10:15 Beginner Tai Chi <b>Blind Support Group</b> 11:00 Pickleball 1:00 Rook <b>GYM CLOSED</b>	<b>11</b> <b>Conference</b> <b>GYM CLOSED</b> 1:00 Bridge <b>1:00 Legal Aide</b>	<b>12</b>  <b>GYM CLOSED UNTIL 9:00 A.M.</b>	<b>13</b>  CENTER CLOSED
<b>14</b>  CENTER CLOSED	<b>15</b> 8:30 Painting 9:00 Cardio/Weights 10:015 Pickleball 10:15 Carolina Girls 1:00 Bowling	<b>16</b> <b>NC STATE FAIR</b> 9:00 Crochet 10:00 Reidsville Kickers 10:00 Phase 10 1:00 Canasta, Hand ,Foot & Knee	<b>17</b> 8:30 Painting 9:00 Cardio/Weights 10:00 Bible Study 10:15 Beginner Tai Chi 11:00 Pickleball 1:00 Rook	<b>18</b> 1:00 Carolina Girls 1:00 Bridge 1:00 Senior Bingo 2:30 Gym Activities	<b>19</b> <b>Veterans Stand Down</b> <b>10:00 Masons Luncheon</b> 9:00 Cardio /Weights 10:015 Pickleball 1:00 Jewelry Making	<b>20</b>  CENTER CLOSED
<b>21</b>  CENTER CLOSED	<b>22</b> 8:30 Painting 9:00 Cardio/Weights 10:015 Pickleball 10:15 Carolina Girls 1:00 Bowling	<b>23</b> 9:00 Crochet 10:00 Advanced Tai Chi 10:00 Reidsville Kickers 10:00 Phase 10 1:00 Canasta, Hand ,Foot &Knee	<b>24</b> 8:30 Painting 9:00 Cardio/Weights 10:00 Bible Study 10:15 Beginner Tai Chi 11:00 Pickleball 1:00 Rook	<b>25</b> 1:00 Carolina Girls 1:00 Bridge 2:30 Gym Activities	<b>26</b> <b>Mountain Trip!</b> 9:00 Cardio/Weights 10:15 Pickleball	<b>27</b> <b>DAWG SHOW 10:00 A.M. LAKE REIDSVILLE</b>  CENTER CLOSED
<b>28</b>  CENTER CLOSED	<b>29</b> 8:30 Painting 9:00 Cardio/Weights 10:015 Pickleball 10:15 Carolina Girls 1:00 Bowling	<b>30</b> 9:00 Crochet 10:00 Advanced Tai Chi 10:00 Reidsville Kickers 10:00 Phase 10 1:00 Canasta, Hand ,Foot & Knee	<b>31</b> 8:30 Painting 9:00 Cardio/Weights 10:00 Bible Study 10:15 Beginner Tai Chi 11:00 Pickleball 1:00 Rook			<b>FLU SHOTS @ RCARE ON 11/1/18 9-12</b> Provided by Rockingham County Health Dept.