


Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9:00 Cardio /Weights 10:015 Pickleball	2 CENTER CLOSED
3 CENTER CLOSED	4 8:30 Painting 9:00 Cardio/Weights 10:015 Pickleball 10:15 Carolina Girls	5 <b>Medicare 101 10 am- City Hall</b> 9:00 Crochet 10:00 Tai Chi 10:00 Reidsville Kickers 10:00 Phase 10 <b>9-3 Assistance Programs</b>	6 8:30 Painting 9:00 Cardio/Weights 10:00 Bible Study 10:00 Yoga 10:45 Pickleball 1:00 Rook	7 1:00 Carolina Girls 1:00 Bridge 2:30 Gym Activities	8 9:00 Cardio/Weights 9:00 Quilting 10:00 Phase 10 10:15 Carolina Girls 10:15 Pickleball	9 CENTER CLOSED
10 CENTER CLOSED	11 <b>BP CHECK 10:30</b> 8:30 Painting 9:00 Cardio/Weights 10:015 Pickleball 10:15 Carolina Girls 1:00 Bowling	12 9:00 Crochet 10:00 Tai Chi 10:00 Reidsville Kickers 10:00 Phase 10 1:00 Canasta	13 8:30 Painting 9:00 Cardio/Weights 10:00 Bible Study 10:00 Yoga 10:30 Blind Support 10:45 Pickleball 1:00 Rook	14 9:00 Quilting Class 1:00 Carolina Girls 1:00 Bridge 2:30 Gym Activities	15 <b>Elder Abuse Awareness Day 9:00 a.m.</b> 9:00 Cardio /Weights 10:015 Pickleball 1:00 Jewelry Making	16 CENTER CLOSED
17 CENTER CLOSED	18 8:30 Painting 9:00 Cardio/Weights 10:015 Pickleball 10:15 Carolina Girls 1:00 Bowling	19 9:00 Crochet 10:00 Tai Chi 10:00 Reidsville Kickers 10:00 Phase 10 1:00 Canasta	20 8:30 Painting 9:00 Cardio/Weights 10:00 Bible Study 10:00 Yoga No Pickleball 1:00 Rook	21 <b>CLUB Meeting</b> 9:00 Quilting Class 9:00 Craft 1:00 Carolina Girls 1:00 Bridge 2:30 Gym Activities	22 9:00 Cardio/Weights 10:15 Pickleball	23 CENTER CLOSED
24 CENTER CLOSED	25 8:30 Painting 9:00 Cardio/Weights 10:015 Pickleball 10:15 Carolina Girls 1:00 Bowling	26 9:00 Crochet 10:00 Tai Chi 10:00 Reidsville Kickers 10:00 Phase 10 1:00 Canasta	27 8:30 Painting 9:00 Cardio/Weights 10:00 Bible Study 10:00 Yoga 10:45 Pickleball 1:00 Rook	28 9:00 Quilting Class 1:00 Carolina Girls 1:00 Bridge 2:30 Gym Activities <b>6:00 Awards Banquet- invitation only</b>	29 9:00 Cardio/Weights 10:15 Pickleball	30 CENTER CLOSED