



Inside this issue:

<i>Events</i>	2
<i>2018 Senior Games Award Winners</i>	3-4
<i>Assistance Programs</i>	5
<i>Calendar</i>	6

Elder Abuse Awareness Conference

RCARE will host our 9th Annual World Elder Abuse Awareness Day on Friday, June 15th.

This year our theme will be centered on exploitation of the elderly. This event is a collaboration of several agencies including HELP Inc. RCARE, and the Rockingham County Department of Social Services.

Some of the common categories of elder abuse include:

- Neglect
- Physical Abuse
- Sexual Abuse
- Financial abuse and exploitation

- Emotional or psychological abuse & neglect
- Abandonment
- Self-neglect

The event begins at 9:00 a.m. and continues to 12:00 noon. The event is free and is open to both seniors and staff from agencies that are associated with seniors. To register or for more information call 349-1088.

Elder Abuse Speakers:

- ⇒ **Detective Mike Smith—Rockingham County**

Sheriff's Dept.

- ⇒ **Stephanie Bias—SHIIP**
- ⇒ **Mark Kenney—Attorney at Law**
- ⇒ **Sharon Nevell—Integrated Healthcare**
- ⇒ **Social Security staff**
- ⇒ **Jan Griggs—Survivor**

Special points of interest:

- 6/5/18 Welcome to Medicare 101 Seminar
- 6/8/18 Certification Team Here
- 6/15/18 Elder Abuse Awareness Day
- 6/21/18 Senior Bingo 1:00 p.m.

THERE'S NO EXCUSE FOR ELDER ABUSE.

Annual Award Banquet—June 28th.

Our annual Award Banquet will be held on Thursday, June 28th beginning at 6:00 p.m. This is the night we honor our volunteers and winners of our various athletic leagues. It is also the night our 2018 "Senior Citizen" of the year will be announced.

Due to limited space this year the event will be by invitation only. All volunteers and participants of the bowling leagues, shuffleboard leagues, "Friends of the Center" committee will be receiving invitations. Please RSVP if you are planning on attending so

we may place the order for the meals. Deadline to register is 6/21/18.

Medicare 101 Seminar—6/5/18



RCARE and SHIIP (Seniors Health Insurance Information Program) will sponsor a Medicare 101 seminar at Reidsville City Hall on Tuesday, June 5th at 10:00 a.m. The seminar will assist anyone who is approaching 65 years of age or will begin receiving Medicare benefits in the near future. Trained volunteers provide unbiased insurance information and help Medicare beneficiaries decide what is the best option for them based on their personal needs.

To register or for more information call 349-1088.

B Bowling League—Bowlers/ Subs Needed



The Senior Striker Summer Bowling League will begin play on Monday, June 11th. Because we could not get everybody on a team that wanted to bowl we have expanded the teams to three-man rosters. We need a few more folks who are in-

terested in bowling. We also need subs to fill in while folks are on vacation or out of town.

League play is held each Monday at 1:00 p.m. at Reidsville Bowling Center and the cost is \$6.00 for three games.

For more information or to sign up call 349-1088.

Tai Chi Class Update

We know everyone is eagerly awaiting the next Tai Chi session. The next class will begin July 11th, 2018 and will be held each Wednesday. When the new session of Tai Chi begins the current Yoga class will stop until further notice. **This new Tai Chi class is for new participants only. If you are currently taking the class on Tuesday, you should stay in that class.**

If you have not registered for the new class you may call 349-1088 to register.



And the Winner is.....

Here are the medal winners who are “regulars” at RCARE. For a complete list of winners contact your local Senior Game Coordinator Jessica Camp. A complete list of winners is also posted on the bulletin board at RCARE.

Miriam Aikens— 2 medals—bowling

Norris Aikens— 2 medals—bowling

Alice Anderson- 6 medals-basketball shooting, bowling football throw, softball throw, cornhole, horseshoes, performing arts.

Bob Ballew-6 medals– bowling, shot-put, discus, billiards, softball throw.

Cindy Baynes—15 medals-basketball shooting, bowling, football/softball throw, billiards, cornhole, horseshoes, table tennis, shuffleboard, badminton, putt-putt, rook.

Johnny Blackstock-2 medals in bowling.

Vanessa Boler– 4 medals– track, basketball shooting, football throw.

Andy Burgess—4 medals—bowling, Pickleball , badminton.

Brenda Cannon—5 medals—5K, 1500 M. Horseshoes, football throw, Putt-putt

Joe Carrollo—8 medals-bowling, discus, shot-put, track, bocce, horseshoes, softball throw.

Kathy Carrollo– 4 medals-bowling, track, horseshoes.

Colleen Childrey14 medals– bowling, track, bocce, cornhole, Pickleball, table tennis GOOD SPORTSMANSHIP AWARD.

Tony Childrey– 9 medals– bowling, Pickleball, croquet, basketball shooting, cornhole GOOD SPORTSMANSHIP AWARD

Donna Cook—2 medals—Pickleball doubles, badminton

Tony Cook-6 medals– 5K, cornhole, Pickleball, table tennis, badminton.

Priscilla Correa –4 medals—softball throw, 1500 M walk, 5K, putt-putt.

Faye Crawford– 18 medals– discus, shot put, swimming, horseshoes, bocce, shuffleboard, badminton, table tennis.

Betty Daniels—1 medal—Pickleball.

Ann David—2 medals—bowling

Jean Dick—2 medals—bowling, putt-putt.

Eugene Eanes—1 medal—bowling

Jenny Evans—2 medals—Pickleball

Dennis Farmer– 3 medals—bowling, billiards, shuffleboard

Laura & Reese Farrish—5 medals—bowling

Ann Galloway—1 medal –shuffleboard

Jettie Galloway—2 medals –bocce, shuffleboard

Kay Gammon– 2 medals– cornhole, Pickleball

Mildred Garrison– 1 medal –shuffleboard

Gloria Gorham—6 medals– track, cornhole, horseshoes, softball throw

(Continued on next page)

Julie Gregory—3 medals—bowling, Pickleball

Lillian Gwynn—4 medals—discus, shot-put, softball throw, track

Randy Haley—6 medals—bowling, football throw, billiards, bocce, cornhole, croquet, horseshoes.

John Harris—1 medal—bowling

Priscilla Herndon—4 medals—bowling, swimming

Larry Hill—2 medals—bowling

Jerry Jeffries—1 medal—basketball shooting

Freedia Jones—2 medals—shuffleboard, putt-putt

Sandra Jones—4 medals—basketball shooting, track, putt-putt

Cathy Kelly—2 medals—softball throw, 1500 M race-walk

Doretha Leftwood—15 medals—bowling, discus, football throw, track & field, bocce, croquet, shuffleboard

Gretta Maxey—24 medals—basketball shooting, track & field, football throw, bocce, croquet, horseshoes, Pickleball, shuffleboard, badminton, table tennis, tennis.

Pattie Maynard—1 medal—Heritage arts

Steve Moran—3 medals—discus, shot-put, tennis

Charlotte Neal—2 medals—bowling, bocce

Charmaine Neal/Fred Neal—5 medals—Heritage Arts, bowling, discus, shot-put, softball throw

Billy Neely—1 medal—5 K race walk

Alphonso Nicholson—3 medals—bowling

David Obryant—1 medal—bowling

Brenda Page—1 medal—track

Rose Palmer—9 medals—basketball shooting, bowling, softball throw, bocce, cornhole, horseshoes, shuffleboard

Gladys Pickard—7 medals—bowling, football throw, softball throw, horseshoes, shuffleboard

Carol Potkay—16 medals—bowling, football throw, billiards, bocce, cornhole, croquet, horseshoes, Pickleball, shuffleboard, badminton, table tennis, putt-putt.

Mabel Powell—10 medals—discus, football throw, shot put, softball throw, track, bocce, cornhole, horseshoes, shuffleboard, putt-putt.

Shirley Rickman—13 medals—basketball shooting, bowling, discus, football/softball throw, track, cornhole, horseshoes, shuffleboard

Jean Sands—1 medal—Visual Arts

Angels Staab—24 medals—track & field, swimming, billiards,

Cathy Taylor—2—Rook, horseshoes

Faye Thomas—1 medal—5 K Race walk

Jerry Tranbarger—5 medals—shuffleboard, putt-putt, cornhole, 1500 M walk, football throw

Joyce Tranbarger—4 medals—football throw, cornhole, shuffleboard, putt-putt.

Ida Tucker—2 medals—shuffleboard, putt-putt.

Ali Williams—10 medals—cornhole, Pickleball, bowling, billiards, bocce, croquet, horseshoes, putt-putt.

June Willis—2 medals—football throw, shuffleboard

Jennie Mae Winchester—3 medals—basketball shooting, softball throw, performing arts

Larry Wood—4 medals—bowling, cornhole

Rhena Wood—9 medals—bowling, bocce, cornhole, horseshoes, table tennis, Putt-putt, performing arts

Roger Wood—2 medals—bowling

Brenda Woods—2 medals—bowling

Ruthie Young—1 medal—Heritage Arts

Reidsville Senior Center

102 N. Washington Avenue
Reidsville, NC 27320

Cindy Baynes 349-1045

Rhena Wood 349-1041

June Carlson 349-1031 (SHIIP Assistance)

We are on the web:

www.ci.reidsville.nc.us

We Are Off Our Rockers



The mission for RCARE is to promote the importance of an active and healthy lifestyle by providing an assortment of social, educational and recreational programs.

RCARE—New Site for Applications

Beginning June 5th, 2018 a staff member from Piedmont Triad Regional Council's Housing Department will be on site at RCARE to take the following applications each Tuesday from 9:00 a.m.—3:00 p.m.

Essential Single-Family Rehabilitation (ESFR) Program— finances major repairs for NC homeowners who are elderly or have disabilities and whose incomes are below 80% of the median for their area. This program addresses essential and critical repairs for health, safety, reasonable energy-efficiency measures, and increases the life-expectancy of a home.

Urgent Repair Program (URP)- Finances emergency home repairs for NC homeowners who are elderly or have special needs and whose incomes are below 50% of the median for their area.

Through this program the goal is to pro-

vide accessibility modification and other repairs to prevent displacement of very low-income homeowners with special needs, such as the frail elderly and persons with disabilities.

NC Weatherization Assistance Program (WAP)- this program strives to improve household energy efficiency and energy related health and safety for low-income NC residents. The program focuses on serving the elderly, disabled families with young children, high-energy users, and the heavily energy burdened.

Heating & Air Repair & Replacement Program (HARRP)- focuses on the repair or replacement of unsafe inoperable, and inadequate heating & cooling systems.

Duke Energy Helping Homes

Fund (HHF)- provides energy efficiency upgrades at no cost to income qualified Duke Energy customers.

